(Street)

(City)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

washington, D.C. 20549	

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

(State)

(Zip)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1(c). See Instruc	ction 10.			
1. Name and Address of Reporting Person* <u>Rochester Regional Joint Board, Workers</u> <u>United</u>			2. Issuer Name and Ticker or Trading Symbol Amalgamated Financial Corp. [AMAL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director Officer (give title Other (specify
(Last) 750 EAST AVE	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/05/2024	below) below)
Street) ROCHESTER NY 14607		14607	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

2A. Deemed 1. Title of Security (Instr. 3) 2. Transaction 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Amount of 6. Ownership 7. Nature Execution Date Transaction Securities Form: Direct of Indirect (Month/Day/Year) Beneficial Ownership if any Code (Instr. Reneficially (D) or Indirect (Month/Day/Year) (I) (Instr. 4) 8) Owned Following Reported (Instr. 4) (A) or (D) nsaction(s) ٧ Price Code Amount (Instr. 3 and 4) Common Stock, par value \$0.01 per \$33.2331(18) 11/05/2024 D(4)(15)(16)(17) S 47.253 D 7,733,574.93 share ("Common Stock") Common Stock \$36.7109(19) D(4)(15)(16)(17) 11/06/2024 S 98,416 D 7,635,158.93 D(4)(15)(16)(17) \$37.6237(20) Common Stock 11/06/2024 S 26,584 D 7,608,574.93 D(4)(15)(16)(17) Common Stock 11/06/2024 S 50,000 D \$38.0662(21) 7,558,574.93 D(4)(15)(16)(17) Common Stock 11/07/2024 S 11,203 D \$35.7321(22) 7,547,371.93 D(4)(15)(16)(17) Common Stock 11/07/2024 S 2.797 D \$36,6686(23) 7.544.574.93 D(1)(15)(16)(17) Common Stock 319,132.96 D(2)(15)(16)(17) Common Stock 338,517.82 D(3)(15)(16)(17) Common Stock 423,022 D(5)(15)(16)(17) Common Stock 479,567 D(6)(15)(16)(17) Common Stock 281,583.12 D(7)(15)(16)(17) Common Stock 114,600 D(8)(15)(16)(17) Common Stock 264,939,14 D(9)(15)(16)(17) 1,630,806.4 Common Stock D(10)(15)(16)(17) Common Stock 132,580 D(11)(15)(16)(17) 119,380 Common Stock D(12)(15)(16)(17) Common Stock 27,421.98 D(13)(15)(16)(17) Common Stock 149.794.78

4,752.85 D(14)(15)(16)(17) Common Stock Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 6. Date Exercisable and 7. Title and 9. Number of 11. Nature 1. Title of 2. Conversion 3. Transaction 3A. Deemed 5. Number 8. Price of Transaction Code (Instr. **Execution Date.** Expiration Date (Month/Day/Year) Derivative Date Amount of Derivative derivative Ownership of Indirect (Month/Day/Year) Security (Instr. 3) or Exercise Derivative Security (Instr. 5) Beneficial Securities Securities Form: Price of (Month/Day/Year) 8) Securities Acquired Beneficially Direct (D) Underlying Ownership Derivative Derivative Owned or Indirect (Instr. 4) (A) or Disposed of (D) (Instr. 3, 4 Security (Instr. 3 and 4) Security Following (I) (Instr. 4) Reported Transaction(s) (Instr. 4) and 5)

	ı	т.,	La II. Danis sat	0		d:		lined Dien		L. D.	.Appropriate		l.	1	
		l lai	le II - Derivat (e.g., pu	ive Se its, ca	curi Ils, '	warra	nts,	options, o	onvertib	e se	cuurities	ly Owne			
1. Title of	2.	3. Transaction	3A. Deemed		v	_	m(De)r	ExPlates Ebater	isDabtle and	7itTëtl	eSalnadres	8. Price of	9. Number of	10.	11. Nature
Security (Instr. 3) ar Roches United	Conversion or Exercise of Accordes of the Conversion of Conversion	Month/Day/Year). Reporting Person nal Joint Boa	if any (Month/Day/Year) rd, Workers	Code (I 8)	etion nstr.	Secu Acqu (A) o Disp	r osed)	Expiration De (Month/Day/\)	dte /ear)	Deriv	rities rlying ative rity (Instr.	Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)
(Last) 750 EAS	ST AVENU.	(First)	(Middle)			and s	r. 3, 4 5)						(Instr. 4)		
(Street)	STER L	NY I	14607	Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
(City)		(State)	(Zip)												
	nd Address of rs United	Reporting Person*													
(Last) 22 SOUT	ГН 22ND S	(First) TREET	(Middle)												
(Street)	DELPHIA	PA	19103												
(City)		(State)	(Zip)												
Chicag		Reporting Person* West Regional	l Joint Board,												
(Last) 333 SOU		(First) AND AVENUE	(Middle)												
(Street)	GO	IL	60607												
(City)		(State)	(Zip)												
<u>Laundr</u>		Reporting Person* oution & Food United	l Service Join	ı <u>t</u>											

(Last)

(Street)
NEWARK

(City)

(Street)
ANAHEIM

(City)

<u>United</u>

(Last)

(Street)

(First)

NJ

(State)

(First)

CA

(State)

(First)

5735 INDUSTRY LANE, BUILDING C, SUITE 10

Mid-Atlantic Regional Joint Board, Workers

1. Name and Address of Reporting Person*

527 SOUTH HARBOR BOULEVARD

701-703 MCCARTER HIGHWAY

1. Name and Address of Reporting Person*

<u>Local 50, Workers United</u>

(Middle)

07102

(Zip)

(Middle)

92805

(Zip)

(Middle)

FREDERICK	MD	21704					
(City)	(State)	(Zip)					
1. Name and Address of Reporting Person* New York-New Jersey Regional Joint Board, Workers United							
(Last) 305 7TH AVENU	(First) E, 7TH FLOOR	(Middle)					
(Street) NEW YORK	NY	10001					
(City)	(State)	(Zip)					
Pennsylvania J	of Reporting Person* Joint Board, Wor (First)	(Middle)					
5050 WEST TIGE	HMAN STREET, SU	ЛТЕ 450 					
(Street) ALLENTOWN	PA	18104					
(City)	(State)	(Zip)					
1. Name and Address of Reporting Person* Philadelphia Joint Board, Workers United							
(Last) 22 SOUTH 22ND	(First) STREET	(Middle)					
(Street) PHILADELPHIA	. PA	19103					
(City)	(State)	(Zip)					
1. Name and Address of Reporting Person* Rochester Regional Joint Board Fund For The Future							
(Last) 750 EAST AVEN	(First) UE	(Middle)					
(Street) ROCHESTER	NY	14607					
(City)	(State)	(Zip)					

Explanation of Responses:

- 1. Reflects securities directly owned by Rochester Regional Joint Board, Workers United ("Rochester Workers United").
- 2. Reflects securities directly owned by Pennsylvania Joint Board Workers United ("Pennsylvania Joint Board").
- 3. Reflects securities directly owned by Philadelphia Joint Board, Workers United ("Philadelphia Joint Board").
- 4. Reflects securities directly owned by Workers United.
- 5. Reflects securities directly owned by Chicago & Midwest Regional Joint Board, Workers United ("Chicago & Midwest").
- 6. Reflects securities directly owned by Laundry, Distribution & Food Service Joint Board, Workers United ("Laundry, Distribution & Food Service").
- 7. Reflects securities directly owned by Local 50, Workers United ("Local 50").
- 8. Reflects securities directly owned by Mid-Atlantic Regional Joint Board, Workers United ("Mid-Atlantic Regional").
- 9. Reflects securities directly owned by New York-New Jersey Regional Joint Board, Workers United ("New York-New Jersey Regional").
- 10. Reflects securities directly owned by Rochester Regional Joint Board Fund for the Future ("Rochester Regional Fund").
- 11. Reflects securities directly owned by Western States Regional Joint Board, Workers United ("Western States").
- 12. Reflects securities directly owned by Workers United Canada Council ("Workers United Canada").
- 13. Reflects securities directly owned by Workers United, Southern Regional Joint Board ("Southern Regional").
- 14. Reflects securities directly owned by Southwest Regional Joint Board ("Southwest").
- 15. For purposes of this filing, the "Reporting Persons" means, as applicable, Workers United, Chicago & Midwest, Laundry, Distribution & Food Service, Local 50, Mid-Atlantic Regional, New York-New Jersey Regional, Pennsylvania Joint Board, Philadelphia Joint Board, Rochester Regional Fund, Rochester Workers United, Western States, Workers United Canada, Southern Regional, Southwest and NY Metropolitan.
- 16. The filing of this statement by the Reporting Persons shall not be deemed to be an admission that, for purposes of Section 16 of the Securities Exchange Act of 1934, as amended, or otherwise, any Reporting Person is the beneficial owners of the securities reported herein and each of the Reporting Persons expressly disclaims beneficial ownership of the securities reported herein for purposes of Section 16 of the Securities Act, except to the extent of such Reporting Person's pecuniary interest therein, if any.
- Section 16 of the Securities Act, except to the extent of such Reporting Person's pecuniary interest therein, if any.

 17. Information with respect to each Reporting Persons is given solely by such Reporting Person, and no Reporting Person has responsibility for the accuracy or completeness of information supplied by another Reporting Person.
- 18. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$33.1600 to \$33.4000, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.

- 19. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$36.0150 to \$37.0100, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.
- 20. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$37.0150 to \$37.9000, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.
- 21. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$38,0000 to \$38,1600, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.
- 22. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$35.3100 to \$36.3050, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.
- 23. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$36.3150 to \$36.7300, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth herein.

Remarks:

Each of the Reporting Persons may be deemed to be a member of a "group" for purposes of the Securities Exchange Act of 1934. Each Reporting Person disclaims beneficial ownership of any securities deemed to be owned by the group that are not directly owned by the Reporting Person. This report shall not be deemed an admission that any Reporting Person is a member of a group or the beneficial owner of any securities not directly owned by the Reporting Person. To enable all of the Reporting Persons to gain access to the Securities and Exchange Commission's electronic filing system (which only accepts a maximum of 10 joint filers per report), this report is the first of two identical reports relating to the same transaction being filed with the Securities and Exchange Commission.

Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
Chicago & Midwest Regional Joint Board, Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
<u>Laundry</u> , <u>Distribution & Food</u> <u>Service Joint Board</u> , <u>Workers</u> <u>United By: Lynne Fox</u> , <u>by</u> <u>Power of Attorney</u>	11/07/2024
Local 50, Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
Mid-Atlantic Regional Joint Board, Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
New York-New Jersey Regional Joint Board, Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
Pennsylvania Joint Board Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
Philadelphia Joint Board, Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
Rochester Regional Joint Board Fund for the Future, By: Lynne Fox, by Power of Attorney	11/07/2024
Rochester Regional Joint Board, Workers United, By: Lynne Fox, by Power of Attorney	11/07/2024
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).